



PO Box 3188, Nampa, Idaho 83653-3188
www.SpikeUpAthletics.com

Please complete this step by the athlete's first day of practice! If both athlete and parent/guardian has a cell phone, it is advised that both complete this step!

Step 3 - Blast Athletics Account

- Spike Up Athletics uses Blast Athletics to communicate with athletes and parents about practices and other important club events.
- If you've never had a Blast Athletics account, go to www.blastathletics.com or search for the app in the **Google Play** store or **Apple App Store**. Once on the site or the app is downloaded to your cell phone (downloading the app to your cell phone is the best method for use), click "register" to create a free account.
- Check your email, click the link to confirm your email address, and follow the steps to join our team, which is identified in Blast Athletics as "Spike Up Athletics." You can change your settings to receive communications regarding practices, track meets, fundraisers, etc. via text, email, or both.
- If you already have a Blast Athletics account, all you need to do is log in or open your app and search for Spike Up Athletics and click "join." Blast will let you be affiliated with more than one team, so you'll have to select Spike Up Athletics as your primary team and then either delete or keep your previous team as your secondary team.